

C A P T A I N A M E R I C A  
 I V G J L N P R U V X U A A  
 H E A L T H E Z L A C T L G  
 K N K M O Q S U T Y B R C F  
 E G E R C I Z E I L J I I P  
 Y E B A V T I W V L V T U T  
 I R O N M A N A I H E I M E  
 O S Y U I O C A T H O R Q X  
 U D F G Z I N C A A J N K E  
 S V X P T D E B H J N B N R  
 E H Q A Z W S X I T D F C C  
 N U T R I T I O N H V E T I  
 G L Y H N U J F I B E R M S  
 V K T V I T A M I N D B L E

## Word Search

We've hidden 13 words, names or phrases in this puzzle.  
Can you find them all?

### Vitamin Words

CALCIUM  
 EXERCISE  
 FIBER  
 HEALTH  
 MULTIVITAMIN  
 NUTRITION  
 VITAMIN A  
 ZINC

### Character Words

AVENGERS  
 CAPTAIN AMERICA  
 HULK  
 IRON MAN  
 THOR

